

**ACTION
ON ACES**
Gloucestershire

**I AM
TAKING
ACTION
ON ACES**

www.actionaces.org
[@actiononaces](https://twitter.com/actiononaces)

BE
AWARE

TALK
ABOUT

TAKE
ACTION

BUILD
RESILIENCE

- Learn about ACEs and resilience
- Change the question from “What’s wrong with you?” to “What’s happened to you?”
- Show kindness and compassion

Resources are available online at: www.actionaces.org